



Alexandra Centre Society

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A HERITAGE OF PEOPLE MEETING PEOPLE

AIKIDO CLASSES AT THE ALEXANDRA CENTRE SOCIETY

Participation Rules for the Aikido Program

1. Participants must be within the age requirements and should dress in comfortable clothes and bare feet.
2. Players are reminded that this is a recreation program and are asked to abide by the rules of fair play.
3. Verbal and/or physical abuse of the Alexandra Centre Societies employees or other program participants and instructors will not be tolerated under any circumstances and will result in immediate rejection from the gym and program.
4. Classes are cancelled on all statutory holidays unless otherwise stated by the instructor.
5. All students must stay on the mat for the duration of the class. Permission from an instructor must be obtained if leaving the mat and/or gym, regardless of the reason.
6. Aikido participants sometimes have limited spaces to train. Each student is asked to be aware of their surroundings as well as the proximity of other class participants. This will help prevent any unnecessary collisions and injuries to themselves and others participants.
7. The Aikido instructors will cover all necessary safety instructions throughout the program. Participants are asked to listen carefully and abide by all instructions to the best of their ability at all times. Example: keep their heads up, watch for other participants

Signature: _____ Date: _____

Name of Participant: _____

Name of Parent/Guardian (if under 18): _____

Emergency Contact #: _____

Address: _____ Postal Code: _____

Phone Number: _____

Email Address: _____ Date of Birth: _____

Community of Residence: _____

Any medical conditions we should be aware of? _____

Participation Waiver

Every reasonable precaution has been taken to ensure the safety of the event and the participants. I understand that there are inherent physical risks associated with the sport of Aikido. I, on behalf of myself, my child, my heirs, successors and assigns, assume all risks and hazards incidental to the conduct of the activity, also transportation to and from the activity, and any medical costs that may arise with respect to my participation. I do further hereby release, indemnify and hold blameless the Alexandra Centre Society, its employees, instructors, sponsors, and any other persons affiliated with the ACS.

1. From time to time the Alexandra Centre Society will take photos of program participants for marketing purposes. If you DO NOT wish to have your photo or that of your child's published please indicate by checking the following box; otherwise, the Alexandra Centre Society will assume consent.
 No, I do not give permission

Alexandra Centre Society

2. The Alexandra Centre Society reserves the right to cancel this program and issue a full refund if there is insufficient registration by the registration deadline. Registration forms will be accepted on a first come first serve basis. You will be contacted if your session of classes are unavailable.
3. Member rates are available for the residents of Inglewood Ramsey, and Victoria Park.

I understand and agree to abide by the above rules. If I do not abide by the rules, I understand that I may be removed from the program without a full refund.

Signature: _____ Date: _____

Class Costs:

\$40.00/ month for Inglewood, Ramsay, and Victoria Park residents and \$50.00/ month otherwise. This is a flat rate regardless of the number of classes attended. There is a 10% discount offered to anyone who pre-pays for a 3 month session. All Aikido Bozankan Members are offered classes at the \$40.00/ month rate. Subsidy is available for low income persons.

Rate: \$ _____

Paid: \$ _____

Date: _____